

# Transform Your Presentation Skills

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The ability to speak in public and present with confidence and flair will play a key part in improving your business relationships and career success. Our highly successful training programmes will help you to develop and refine your presentation and public speaking skills. We will help to build your vocal skills, physical awareness and transform your confidence to ensure you maximise every presentation and public speaking experience.

Programmes are available from beginner to advanced level and can be delivered on a 1-2-1 or group basis. Typical areas covered include:

- What makes a good presenter
- How to control nerves, deal with common fears & develop confidence in front of an audience
- How to develop ideas, plan and structure a presentation
- Focus on personal delivery, not PowerPoint
- Develop a confident and persuasive vocal style
- Using body language & interactive techniques to control & engage your audience
- Ensure your message is understood with effective language techniques
- Make maximum impact

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Experienced & inspirational coaches ○ Bespoke programmes ○ In-house training ○ Group training ○ 1-2-1 ○ Nationwide coverage

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To find out what we can do for you, contact us today on:

Tel: 0845 8385429

E-mail: [enquiries@mikesullivan.biz](mailto:enquiries@mikesullivan.biz)

Web: [www.mikesullivan.biz](http://www.mikesullivan.biz)

*...providing a unique and innovative approach to business coaching & training*