



# Brilliant Communications

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Communication skills are at the heart of your interpersonal skills. Everyone has the power to communicate effectively and with impact. Our Brilliant Communications programmes are designed to enhance your skills allowing you to communicate with more confidence, clarity and conviction. Each programme is tailor-made to your requirements and can be delivered to a group or on a 1-2-1 basis.

Typical areas covered include:

- Presenting with confidence in any situation
- Analysing and utilising body language to your advantage
- Understanding how communication really works
- Developing the strength of your voice
- Creating powerful stories people will want to listen to
- Developing a personal communication style
- Listening skills that make a difference
- Improving your writing, speaking and presenting skills

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Experienced & inspirational coaches ○ Bespoke programmes ○ In-house training ○ Group training ○ 1-2-1 ○ Nationwide coverage

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To find out what we can do for you, contact us today on:

Tel: 0845 8385429

E-mail: [enquiries@mikesullivan.biz](mailto:enquiries@mikesullivan.biz)

Web: [www.mikesullivan.biz](http://www.mikesullivan.biz)

**MSA**  
Mike Sullivan & Associates

*...providing a unique and innovative approach to business coaching & training*