

# Creating a Positive Outcome From Redundancy

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Our supportive mentoring programmes are designed for professionals who are going through the redundancy process. Each programme will be tailor made to you as an individual and will help you to transform redundancy into an opportunity for personal growth and successful career development.

Typical areas covered include:

- Embracing Change & Boosting Self-confidence
- Working Through Career Aspirations
- How to Re-focus and Attack the Job Market
- Writing Successful CVs, Application Forms & Letters
- Winning Interviews - Interview Techniques & Preparation
- Standing out - Presentation Skills
- Differentiation - Personal Style & Branding

What our clients say:-

*“This is the best thing my employer has ever put in front of me”... “The programme changed my life” ...  
“I’ve been given the drive to go out and find a better job”...*

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Experienced & inspirational coaches ○ Bespoke programmes ○ In-house training ○ Group training ○ 1-2-1 ○ Nationwide coverage

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To find out what we can do for you, contact us today on:

Tel: 0845 8385429

E-mail: [enquiries@mikesullivan.biz](mailto:enquiries@mikesullivan.biz)

Web: [www.mikesullivan.biz](http://www.mikesullivan.biz)

*...providing a unique and innovative approach to business coaching & training*